



Interdisciplinary Centre of Cognitive,  
Social and Behavioural  
Neurosciences (ICC SBN)



**CHRIST**  
(DEEMED TO BE UNIVERSITY)  
BANGALORE | DELHI NCR | PUNE

# NEUROPLAY

Neuro-Cognitive Enhancement Through Creative  
Play, Drawings and Interactive Learning for  
Children in the digital era

## Why NEUROPLAY?

In an era dominated by screens, how do we re-engage and optimize the developing brain?

**NEUROPLAY** is an intensive 2-day experiential workshop that bridges cognitive neuroscience with practical play-based interventions for children.

Participants will gain evidence-based techniques that enhance **Executive functioning, Attention and Concentration, Creativity, Social collaboration, Holistic child development** through engaging, structured, non-digital learning experiences that can be implemented in classrooms, therapy settings, and homes

## WHO CAN JOIN?



**Postgraduate Students**  
(Neuropsychology, Clinical, Educational and Counselling Psychology)



**School Teachers & Administrators**



**Counsellors & Academic Coordinators**



**Child Psychologists & Therapists**



**Parents & Caregivers**  
**Professionals Working with Children**

## WORKSHOP DETAILS

**DATE:** August 28<sup>th</sup> & 29<sup>th</sup> 2026 (Friday and Saturday)

**TIME:** 09:00 AM to 05:00 PM (Friday) and  
09:00 AM to 01:00 PM (Saturday)

**VENUE:** Seminar Hall, 4<sup>th</sup> Floor, PU Block,  
CHRIST (Deemed to be University) Central Campus,  
Bengaluru

**FEE :**

- Working Professionals: Rs 3,000
- Students/Research Scholars (External): Rs 1,500
- Alumni: Rs 1,500
- Students/Research Scholars (Christites): Rs 1,000

**CERTIFICATE:** Certificate of Participation will be provided.

## REGISTRATION

Scan QR Code to  
Register



or click the link below

<https://forms.gle/DnE4A7pGCgUwQ4qa>

For any query, contact:  
[iccsbn@christuniversity.in](mailto:iccsbn@christuniversity.in)



Play • Create • Connect • Grow

## What You Will Learn



### Boost Cognition

- Strengthen neuroplasticity
- Improve executive functioning
- Cognitive stimulation through structured play



### Enhance Focus

- Attention training
- Deep concentration strategies
- Reduce digital dependency



### Build Collaboration

- Social-emotional learning
- Team activities
- Cooperative problem-solving



### Meaningful & Fun

- Interactive learning
- Creative neuroscience activities

## Resource Persons



**Dr. K. Jayasankara Reddy**

Professor, Neuropsychology  
and Cognitive Neuroscience,  
Christ University, Bangalore



**Dr. Sowmyashree Narayan**

Child and Adolescent  
Psychiatrist, Bangalore.



**Dr. Aneesh Kumar P**

Associate Professor,  
Department of Psychology,  
Director, Child Development  
Lab, Christ University,  
Bangalore



**Dr. A. Sabu John**

Counselling Psychologist &  
Assistant Professor,  
Department of Psychology,  
Christ University, Bangalore